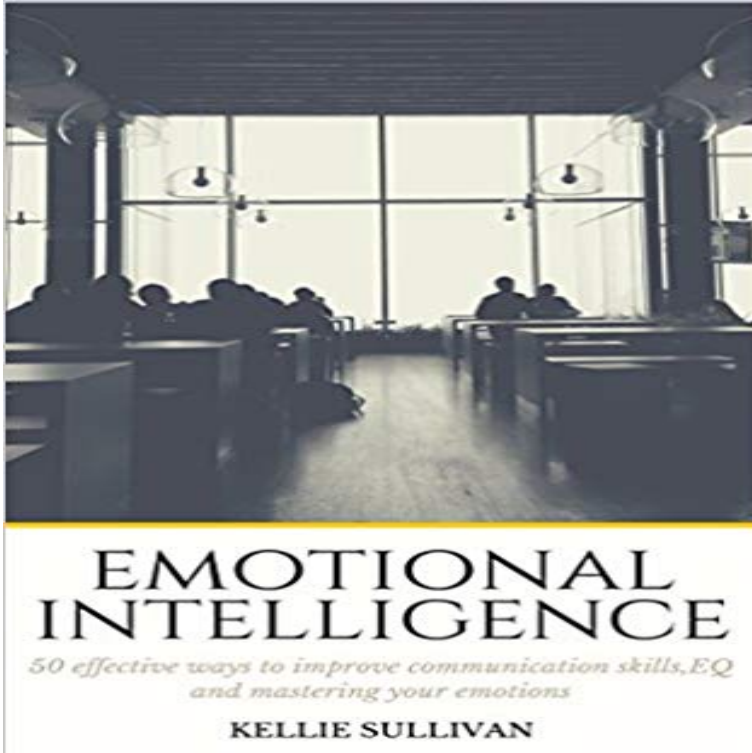


# Emotional Intelligence : 50 Effective Ways To Improve Communication Skills,EQ And Mastering Your Emotions



Emotional Intelligence - The Secrets Tips Will Be Reveal! A Short Read With Easy To Apply Practical Tips & Powerful Knowledge That Will Help You In No Time+ 5 FREE Bonus Inside For A Limited Time Only Have your emotions been controlling you lately? Do you feel like there is nothing you can do? Do you feel hopeless? Have you ever wanted to be better? Do you struggle with communication? Are you always hiding your feelings and unsure on how to express them? Have you ever wondered what emotional intelligence was? If you answered yes to any of these questions then this book is for you. This book will give you experiences, and examples to better suite your needs. This book will become more than a helpful guide, but soon will become your self-awakening. Once you can control and express your emotions, then the concept of happiness becomes more obtainable. This book will include step-by-step instructions and the how tos along the way. Here Is A Preview Of What Inside The Book: The meaning of emotional intelligence Examples of emotional intelligence The four attributes of emotional intelligence Skills to improve your communication skills 50 examples of ways to improve your communication skills And more Take Action Today and Boost Your Emotional Intelligence! Click the Buy now with 1-Click to the right and get this short guide immediately.

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