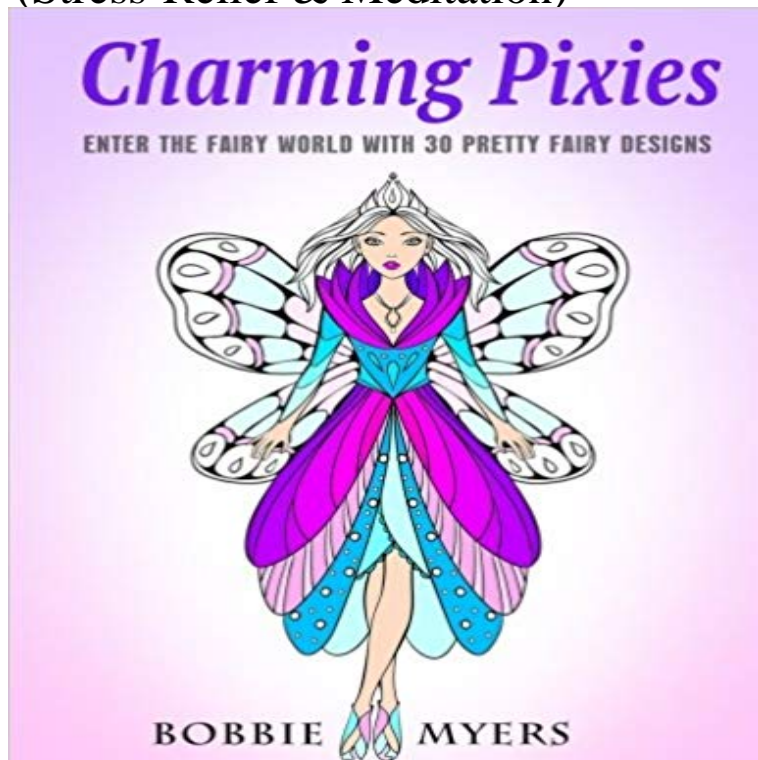


## Charming Pixies: Enter the Fairy World with 30 Pretty Fairy Designs (Stress-Relief & Meditation)



Coloring books aren't a new trend, but the increasing popularity of adult coloring books may have you asking what on Earth is going on. While you may be tempted to think that this is a fast passing fad, you may be surprised to know that there are a vast number of benefits to be had from joining in on the adult coloring book trend. Our exclusive book shares just about everything you ever wanted to know about the budding adult coloring craze. In addition to learning more about the benefits of adult coloring, you will find unique and creative coloring pages so that you can try your hand at this new hobby! Whether you are looking to understand the adult coloring fad or whether you are looking to understand just why you love this new trend so much, this book explains it all! Inside you will find some of the benefits of adult coloring including: The increase of sociability A reduction of stress and anxiety An increase in focus An increase in fine motor skills After reading, you will find yourself spending more and more time enjoying the benefits of coloring!

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is from: Charming Pixies: Enter the Fairy World with 30 Pretty Fairy Designs (Stress-Relief & Meditation) (Kindle Edition). LOVELY PICTURES TO Spring Designs: 50 Charming Designs to Wake Up Your Senses Floral Patterns. 35 Unique Floral Patterns for Meditation and Stress Relief by Anna Wilton Floral Designs for Mandala Coloring Lovers (Floral Mandalas and Art Book Series) . Charming Pixies: Enter the Fairy World with 30 Pretty Fai Bottling and Caring for Fairies Coloring Book - Pinterest Charming Pixies: Enter the Fairy World with 30 Pretty Fai Dragons & Dragonfly Designs: 21 Amazing Dragons & Dragonfly Patterns for Stress Relief and -stress-relief-and-creative-art-therapy-stress-free-creativity-meditation-drawing-for- Halloween: A Mix of 33 Scary and Cute Patterns for Your Enjoyment Happy Designs: 101 Amazing Flower, Butterflies & Animal Patterns for Happiness and Stress Relief (Relaxation, Stress .. Floral Designs: Meditation, Relaxation and Stress Relief . 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