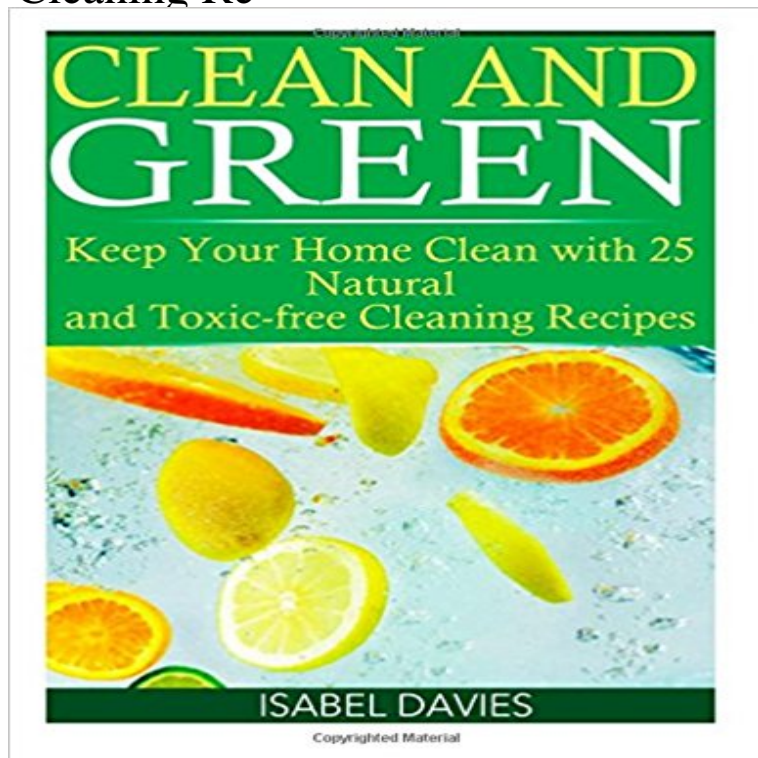


## Clean and Green: Keep your Home Clean with 25 Natural and Toxic free Cleaning Re



Preparing your own cleaning supplies is a lot easier than you think and it can also save you a lot of money in the long run! While chemicals from commercially produced cleaning supplies seem the most effective, they also poison our surroundings and the environment. Frequent exposure to the toxic fumes and acids of commercial cleaning supplies are scientifically proven to cause severe medical conditions, including respiratory and neurological malfunctions. Fortunately, there are many safe, readily available, and inexpensive items that you can use to create your very own cleaning supplies. Surprisingly, these homemade cleaning supplies are just as effective in cleaning off dirt and grime as well as wash off stains as the expensive ones on the market. Making your own cleaning supplies does not take rocket scientist skills either. In the 25 recipes in this book, all you really need to do is to combine the ingredients together in a container, stir it up, and then you can start using it! In this book you will find out how to: Deep clean your home effectively and easily Make different types of wipes yourself Mix your own cleaning sprays for kitchen and bathroom gunk and grime Create your own multi purpose cleaner Make eco-friendly safe roach poisons and mildew treatment solutions Get rid of stains, tarnish, and wrinkles Concoct your own laundry detergent and fabric conditioner, and much more! The main difference between a homemade eco-friendly cleaning product and a commercially produced one is that you might need to leave the homemade product on the stain, dirt, or grime for a few minutes or hours before you wipe it off. However, this technique ensures that the natural acids in the product will break down the stain, dirt and grime. All you have to do after that is wipe it off.

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