

# Character Makeover: 40 Days with a Life Coach to Create the Best You



Get the kind of makeover that will transform your life! Best-selling author and life coach Katie Brazelton takes you on a deeply personal forty-day journey of developing your character. Discover how to close the gap between understanding God's purpose for your life and carrying it out as you put an end to well-worn patterns of defeat, woundedness, insecurity, unworthiness, and self-centeredness. Teaming up with coauthor Shelley Leith, who is a highly sought-after speaker on strengthening marriages and family, Brazelton focuses on eight character traits essential to living a purpose-filled life: humility, confidence, courage, self-control, patience, contentment, generosity, and perseverance. Step-by-step you'll experience a complete character makeover and become the best you God intended you to be. Ideal for small groups, women's church ministry, and one-on-one study.

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Bestselling author and life coach Katie Brazelton takes you on a deeply personal forty-day journey of **Course**

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