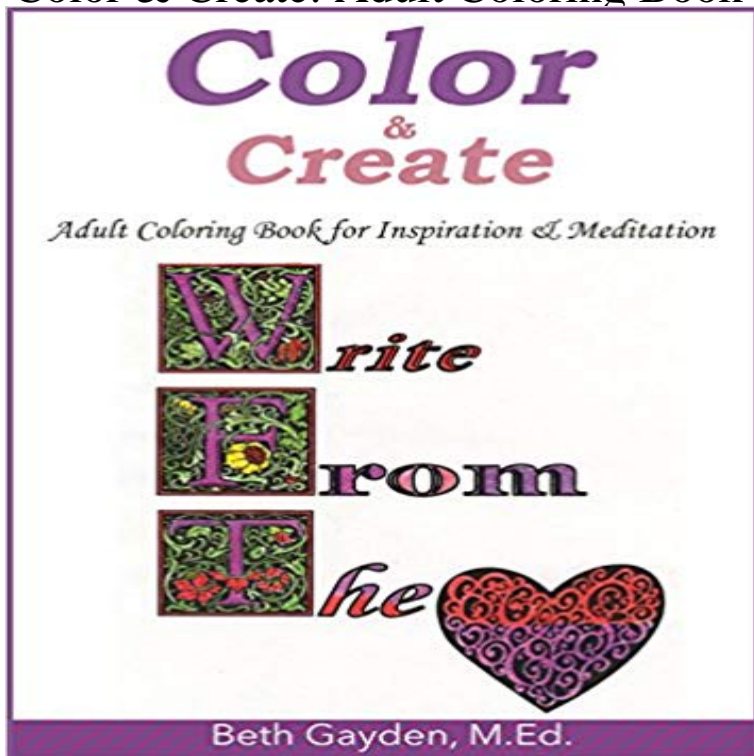


Color & Create: Adult Coloring Book for Inspiration & Meditation



Are you struggling to relax so you can create and write? Inside you will find: 30 Designs 30 Quotes for Inspiration & Meditation Create with grace and ease by relaxing as you color, reflect, breathe deeply and appreciate the wonderful gift of your creativity. You have everything within you to create and write from the heart. Use your crayons, colored pencils, water colors and markers to fill in the white space with your brilliance! Reviews: In a chaotic world this is a moment of respite, a place to calm a whirling mind and allows creativity to find a voice. -Crayl Creates a peace within you when you read and follow this book. Beautifully illustrated and written.-Shelia Lirette

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